

# KATHY SANDERS, DMD, AAACD

## CELEBRATING 25 YEARS OF TRULY REMARKABLE SMILES!

You can't help but smile around Kathy Sanders, DMD. It's not just because you're head-over-hills in love with her dentistry skills that have given you a smile that's the envy of everyone you know — it's because you simply love the person she is.

"Dr. Sanders is just the most amazing and caring individual," says Karen Hobba, one of Dr. Sanders' patients. Today, Karen enjoys a smile she's spent a lifetime dreaming about.

Charlie Lowe wholeheartedly agrees. For years, Charlie kept putting off the decision to have cosmetic dentistry until one day he finally said, "Enough is enough."

"Dr. Sanders is absolutely amazing — an artist! There's nothing half-hearted about her or her dentistry," says Lowe, smiling from ear to ear.

And, he's right. There's nothing half-hearted about Dr. Kathy Sanders. When she's in, she's all in.



PHOTO BY MICKEY BAKER

It's no surprise she's the only female dentist in the state of Tennessee to have achieved accreditation with the American Academy of Cosmetic Dentistry (AACD), the world's foremost cosmetic dentistry credentialing authority. In fact, she's one of less than 420 to have ever achieved accreditation, worldwide — and one of only 8 dentists in the state of Tennessee.

Today, with more than 18 years of intensive education via the AACD, Dawson Academy, and from many other leaders in the field of dental education, Dr. Sanders remembers the day when her interest in cosmetic dentistry was first kindled.

"I attended a continuing education course in Knoxville, presented by Dr. Jeff Morley, a former AACD president and founding member. Today, it seems almost surreal to realize that at the time neither Dr. Morley's name nor the American Academy of Cosmetic Dentistry had any meaning to me," explains Dr. Sanders. "I simply knew that his presentation was incredibly enlightening and his photographs were of the most beautiful dentistry I had ever seen!"

"Almost immediately I had a burning desire to become accomplished in cosmetic dentistry. I was hooked! In fact, I asked questions during the breaks and stayed after his lecture to not only ask additional questions but to hear the answers to the questions of others."



Karen Hobba



Charlie Lowe



She's been asking questions on her insatiable quest for cosmetic dentistry excellence ever since. In the last 10 years, Dr. Sanders has averaged more than four times the amount of continuing education required for a dental professional. Her dedication to the continual refinement of her cosmetic dentistry skills have provided her with extensive continuing education and advanced practicum experience by some of the world's most-talented cosmetic dentists, as she's traveled extensively to international conferences to learn from the very best of the best.

"Having the opportunity to increase someone's confidence in smiling is so rewarding for me," explains Dr. Sanders. "As a cosmetic dentist, it's important that I work to achieve the very smile they've envisioned. In providing advanced cosmetic techniques and technologies, my goal is to make our patients feel as beautiful on the outside as they are on the inside."

This year, as she celebrates 25 years of dentistry, there's a new dental passion for the ever-ambitious Dr. Sanders. With a desire to protect a patient's dentistry and improve the quality of their lives, Dr. Sanders has added sleep medicine to her growing practice.

And, as you would expect, she's dedicated tremendous resources, including extensive training for both herself and her team. Her goal is to offer her patients the very best in this emerging field that is being met with great patient success.

"I believe oral appliance therapies will be life-changing for many of our patients," said Dr. Sanders. "Many individuals who require extensive dental care also suffer from the effects of obstructive sleep apnea (OSA). Due to the need to address this concern to protect the teeth, I've found it incredibly helpful to further my studies and add the dental sleep component to our practice."

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